

Your 3-Year Dream Business & Life Vision in details vividly in writing what you seek to create. What will your venture look and feel like 3 years from today? But here's the catch, it does NOT talk about HOW each part of the vision will get built or put in place. It's NOT about execution, it's all about vision, what the future looks and feels like.

So, picture yourself exactly 3 years into the future, on today's date. Everything you've dreamed of creating has happened. Your environment, people, products, services, brand, impact, reputation, etc has hit or exceeded your wildest hopes. Take detailed notes by answering the questions to create your outline. Once your outline is complete, craft your three year vision in present tense as if it has already happened.



YOUR LIFE VISION // Three years from now...

### Your Home Life

•	Describe your home.	What	do y	ou see,	hear,	smell?	Where	in	the	world	are
	you living?										

- What are your thoughts when you first wake up? How do you move through your morning routine? What do you look forward to the most in the morning?
- How do you spend the first half of your day?
- What do you look forward to every night?
- What are your thoughts before bed?



### Your Relationships

- Who are the people that you are most grateful for?
- What do your personal relationships look like? How do you nurture and spend time with the most important people in your life?
- What does your relationship look like with your partner or spouse (if applicable)?
- What does your relationship look like with your children (if applicable)?
- What does your relationship look like with your family members and friends?



#### Your Wellness

- How is your health? How are you moving and fueling your body?
- How is your mind? What are you learning?
- How is your spiritual practice? What are some ways you reconnect and take care of yourself? What habits and rituals are you practicing?
- How is your heart? What do you feel throughout your day?
- How do you express yourself fully? Describe your creative outlets, interests, activities that nurture and inspire your soul.



#### YOUR DREAM BUSINESS // Three years from now...

- What do you see and hear when you walk into your place of work? Where in the world ARE you? What is the interior design in your company office or home office?
- What inspires you to get out of bed and show up fully for work? Why do you do what you do?
- What do you DO everyday in the company? What are the tasks, strategies, meetings & activities you spend your time on? How much time are you dedicating to the company?
- As a result of the work that you do at your company, what do you want to create in the world? Describe your business and it's mission? What's unique about your business?
- What's your company's culture and spirit? How do you show up as a leader?

  How big are you and how much bigger are you going to get?



- Describe your dream team and how they support the company vision. What do they look like, talk about, care about? Who's your main operations person? How is the company running day to day?
- Who is the audience that you are most interested in impacting or influencing? Who are your customers? How do you communicate and connect with them? What are they saying about your company?
- Based on what you see that may be missing or wanted in the world (or the market that you are in), what's the gap that you want to fill?
- What does your company's financial picture look like? What programs, products, services, events, books do you offer?
- What does the public think about you in media and online? What does your visual brand look and feel like? What's your reputation in your industry?



#### YOUR CONTRIBUTION // Three years from now...

• W/	at are	you	celebratis	ng? Wha	are you	most	proud o	fin	your li	fe?
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- What is your company celebrating? What are you and your team most proud of?
- How do you celebrate, unplug, think, dream, rest, reset, and realign throughout the year?
- Your cup is full and you serve from the overflow. How are you giving back with time and resources?
- Finally, describe the person you are to live a life and lead a business like this. Complete this sentence: I am...